

By-Laws

Cairns Netball Association Inc



JAN 2017

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By-Laws of Cairns Netball Association Inc

It is the responsibility of all members of the association to be familiar with this document. Please ensure coaches, managers, players and scorers are aware of these By-Laws. They should be read in conjunction with the Constitution Rules of Cairns Netball Association 2016 (hereafter the Constitution Rules) and the current edition of the Official Rules of Netball rule book.

1 General

1.1 Headquarters

The Martyn Street Netball Complex is the operational headquarters and playing facilities of the Cairns Netball Association Inc.

1.2 Objective

The motto of the Cairns Netball Association shall be "Fair, Safe Sport with Respect".

1.3 Colours

The colours of the Cairns Netball Association will be green and gold

1.4 Alcohol

The Cairns Netball Association has the right to sell alcohol on the premises at their discretion. Liquor licencing laws are to be adhered to. Alcohol is not to be consumed whilst coaching or scoring or within the playing area. Alcohol is not permitted to be brought into Martyn Street Netball Complex.

1.5 Non Smoking

The Martyn Street Netball Complex and surrounds including the carpark are non-smoking. Smoking within the facilities at any time is deemed an offence and you will be asked to leave immediately.

1.6 Facilities

No skateboards, roller skates, scooters or bicycles are allowed within Martyn Street Netball Complex. Please show respect of the facilities and advise operations if you find any damage to any fixtures or property.

1.7 Animals

NO animals, with the exception of service dogs are allowed with in the complex. Owners of non-service dogs or other animals will be asked to remove their animal immediately. Failure to remove animals from the premises will result in the Animal Collection Agency Management Unit being contacted to remove the animal at the owners cost.

1.8 First Aid management

Injury Management is the responsibility of the primary care person who as per the Official Rules of Netball is a team official, qualified to diagnose and treat injury or illness court side. We would encourage all clubs to equip their teams with a qualified primary care person responsible for managing injuries both on game nights and at training sessions. Ice is available on game nights from the Umpire Room. In the rare event of a life threatening emergency please utilise the Emergency Call Service (000) immediately.

1.9 Spectators

Spectators, including children, are not permitted within the playing area at any time during game day or game night. The playing areas are only for teams to warm up and for playing games. All spectators must keep

within the areas as advised on game nights to reduce the risk of injury to players and umpires. Children need to be supervised by an adult at all times Any person obstructing when games are in progress will be asked to leave the netball premises immediately.

1.10 Children

Parents are requested to be on time when collecting children from games and training. For safety reasons please park, and then collect children from inside the facilities. Children must be accompanied by an adult being a parent, coach or manager.

2 Clubs & Teams

The terminology of Clubs throughout the by-laws refers to all clubs and teams as defined in the Constitution Rules.

2.1 Registration and Clearances

- a. All players must be listed and have signed the Team Registration form. A team may register a minimum of seven and a maximum of twelve players.
- b. All players playing in Junior Divisions of 17 years or under must show proof of date of birth upon request by the Operational staff.
- c. All players must complete a signed Cairns Netball member registration form and register online through My Netball. No player is to take the court prior to registration or payment of fees. Please refer to temporary player Clause 3.6 for variation to this rule.
- d. Players wishing to play in more than one competition will pay one capitation fee and then game fees for each competition they wish to play.
- e. Players are not allowed to register in more than one club unless also participating in a Mixed and/or Masters competition.
- f. In the event of a club disbanding its members may apply to play with another club after seeking consent from the Operational staff.
- g. A player seeking a transfer from one club to another must submit a signed transfer form endorsed by the Club contact person from their original club. This form must be submitted to Cairns Netball prior to participation in any competition. One transfer only will be granted during any one season. Any extra transfer requests may be considered at the discretion of the Board.
- h. In the event of a team wishing to disassociate from a Club but still continue to play as a team in the same division this shall be permitted, but any points previously gained in fixture matches shall be forfeited.
- i. A player's age on the 31st of December in the current year shall determine the age group in which they may play.

2.2 Scorers

- a. Each team is to provide one competent scorer for their game. The two scorers for each court must sit together. Players full names must be printed clearly on the score sheets, if not printed already prior to taking the court for the game. The scorers must confirm the players' names are correct on the scoresheet prior to commencement of the game.
Each team must ensure scorers are in place before each round starts and teams are to ensure that the same scorer remain in place throughout the game. At the conclusion of the game, scorers check that the score is correct in all sections and sign the score sheet. Players from lower divisions should be listed in the "Player Lower Division" section. Signed and completed score sheet to be returned to Operations by the winning team immediately after the end of the game.
- b. If two scorers are not provided, the score as marked by the only scorer will be deemed correct and final. If a scorer is not provided there will be no recourse from the team not supplying a scorer.
- c. Scorers please remind the coaches to write their Coaches Choice player on the score sheet. Please refer to Bylaw 2.3

2.3 Coaches Choice Award

- a. Juniors: Immediately after the game the coach of each team will select the best player from their own team. This player will be given a voucher.
- b. Seniors: Division 1 & Division 1 Reserve - The coach of each team selects 3-2-1 for the opposing team and enters names on the forms provided.
All other Senior teams - The coach of each team select 3-2-1 for their own team and enter names on forms provided.
Three points are awarded to the best player. All points are collated weekly and announced at the conclusion of the competition.

3 Fixtures & Match Play

All clubs and teams shall be governed by the regulations regarding fixtures and match play as set out in the Cairns Netball by-laws. The rules of play are adopted by Netball Australia and set down in the current edition of the Official Rules of Netball.

3.1 Competition

Game nights will be determined by the nomination of teams received. Game nights will be Tuesday, Wednesday and Friday. Grading of teams will determine the night that teams compete.

3.2 Points awarded

- a. Three points shall be awarded for a win, two points for a draw and one point for a loss.
- b. Forfeiting team nil points, opposing team awarded three points.

3.3 Rules relating to Fixtures

- a. No player shall be allowed to play in a lower Division than the one in which they were originally registered for that season.
- b. Where it occurs that a club has two registered teams in the same Division, players cannot play in both teams during the competition.
- c. If a team is not able to take the court within 5 mins of starting time the umpires will award the match to the opposing team. The opposing team is to notify Operations and note team forfeiture on scoresheet.

3.4 Team Penalties

All players participating in fixture games must be listed on the Team Registration Form and be financial members. All players participating in a game must be listed on the score sheet prior to taking the court for the game. If a player is playing in a different Division it must be written on the team sheet stating the Division and team the player is registered in. This includes Squad Division 1 and Division 1 Reserve.

Penalties for not adhering to Rules Relating to Fixtures in accordance with By-Laws

1st infringement – A warning

2nd infringement - Loss of 2 championship points

3rd infringement - Loss of 2 championship points, and only 6 players will be permitted to take the court for the following round of fixtures.

4th infringement - Loss of 3 championship points and a compulsory forfeit for the following of fixtures. Team may be suspended from the Cairns Netball Association.

3.5 Playing Higher Division

This relates to all Junior and Senior teams with the exception of the Squad Division 1 and Division 1 Reserve.

- a. Players may play in a higher division until they have played three games above their registered division. The fourth game will determine the players' new registered team and Division.

- c. When playing in a higher Division, a player may play for any team in their Club, however if 2 teams are in the same Division, the player cannot play in both in the same round. When completing the score sheet the players' name should be entered in the Player Lower Division section and list their registered team and division.
- b. Registered Mixed players and Junior players wishing to play Senior Competition, can only play 3 games within their club and then must pay team registration for that team as per by-laws Clause 2.1.d

3.6 Temporary Players

- a. Temporary players may play a game after paying a game fee to operations. Their name must be printed on the scoresheet with TEMP written beside the name.
- b. Three games may be played as a temporary player. If at any stage a player decides to continue for the rest of the competition a capitation fee and a pro- rata competition fee will be calculated.

3.7 Forfeits

If a team has to forfeit a game they must contact C.N.A Operations by telephone 4051 7501 and email admin@cairnsnetball.net.au as soon as possible so all relevant people can be notified. If your team has forfeited you are still required to fulfil umpiring duties as per the draw. In the event of a team forfeiting two consecutive matches they may have to explain the reason to Operations for such forfeiture.

3.8 Mixed Competition Rules

- a. There shall be a maximum of three and a minimum of two males on the court at any one time.
- b. It is not necessary for a male player to be opposed by a male player.
- c. One male player is to play in each of the three areas of the court,
 1. goal shooter or goal attack,
 2. wing attack, centre or wing defence
 3. goal defence or goal keeper.
- d. If there are only two males on the court they may play in any two of the above areas.
- e. Normal substitution rules apply as long as the above restrictions are adhered to.
- f. All other By-laws to be followed.

3.9 Objections and complaints

- a. The Captain/coach must notify the Umpire Convenor of any objection or complaint directly. If it cannot be resolved a report must be completed and signed by a club delegate and emailed to admin@cairnsnetball.net.au Operations will consider the complaint and respond within fourteen days.

3.10 Final Series

- a. At the conclusion of fixtures finals series shall be played as follows:
 - No. 1 team plays No. 2 team (Semi-Final)
 - No. 3 team plays No. 4 Team (Semi-Final)
 - Winner of 1 and 2 advances straight to Grand Final
 - Winner of 3 and 4 plays loser of 1 and 2 (Preliminary Final) and the winner advances to Grand Final
 - Loser of 3 and 4 is out of competition
 - There will be no right to challenge.
- b. In the event of a tie on points when any position has to be decided the team with the highest goal ratio shall be awarded the higher position. Only games that teams played shall be taken into consideration.

In respect of forfeit games, matches 'won' by the team receiving the forfeit are not counted but the matches forfeited by a team are counted. Example of calculation:

$$a. \frac{\text{No of goals scored} \times 100}{\text{No of goals against} \times \text{No. of games played}}$$

No of goals against x No. of games played

- c. A player must have played a minimum of three games with their club, during that season, to be eligible to play in the Semi-Final, Preliminary Final or Grand Final.
- d. A team is deemed short of a player where it does not have eight of the teams registered players available to play for the finals. A team may play a player from one of their lower division teams, providing they have played three games with their club during that season, and have written approval from Operations or the Board 24 hours prior.
- e. All teams participating in finals shall be given a team sheet to complete prior to commencement to enable confirmation of eligibility. Each game of the finals series, players are to sign prior to the games commencing as directed.
- f. In an event of a game in the Semi-Final, Preliminary Final or Grand Final being a draw, there will be a 2 minute interval at the end of full time then extra time will be played. Seniors extra time will consist of two halves of seven minutes each, with an interval of one minute at half time. Juniors extra time will consist of two halves of five minutes each, with an interval of one minute at half time. Teams shall change ends at half time. The centre pass shall be taken by the team who is entitled to the next centre pass. During both of these intervals, substitutions and/or team changes may be made. During extra time normal injury or illness procedures shall apply as per the Rules of Netball Current Edition. In the event of a tie remaining at the end of extra time, a visual and or verbal signal from the scorers shall be used to indicate that play shall continue until one team has a two goal advantage.
- g. Three individual members will choose the Player of the Match for the Senior Grand Finals, this excludes Grand Final Umpires.

3.11 Summer Season

The summer season rules will be available at beginning of each season upon team registration.

4 Division 1 & Division 1 Reserve Squad

- a. If registering for Division 1 and Division 1 Reserve Competition, each Club may register up to 24 players per Squad. Players can interchange between these teams on a weekly basis. If a club is only entering one team for either of these divisions they may only enter up to 12 players per team.
- b. At Week 1 clubs must name five of their squad members who will only be eligible to play in Division 1 for their nominated team for the season. The remaining squad members are eligible to play in both Division 1 and Division 1 Reserve on the same night until finals. Any discrepancies regarding the five named Division 1 players will be addressed by the board.
- c. A club registering a team in Division 1 Reserve and does not have a Division 1 team may draw players from their Division 2 team all season, until finals. These Division 2 players may play in two divisions on the same night until finals. Division 1 Reserve players are not permitted to play in Division 2.
- d. In the event of two teams from the same club being in Division 1 or Division 1 Reserve, Clause 3.2b of the by-laws shall apply - Where it occurs that a club has two registered teams in the same division, players cannot play in both teams during the competition.
- e. Finals: A Division 1 Squad player can only play finals for the team that they have played the majority of games for in that Division. For example, a player has played 7 games for Division 1 Reserve and 8 games for Division 1; therefore they qualify to play in Division 1 and are not eligible to play in Division 1 Reserve for finals. If an even split the player must play in the higher division. A player must have also qualified to play finals as per the Association Rules of a minimum of 3 games for the season for their Club. This includes temporary players.
- f. Clause 3.10d shall apply if a team has less than 8 players.

5 Game Cancellations

5.1 Weather Cancellations

- a. Decision to cancel games due to wet weather or other circumstances will be communicated by a recorded message on 4051 7501, on the website www.cairnsnetball.net.au and Facebook page. Unless extreme circumstances prevail, decisions regarding cancellations of games will not be made more than 10 minutes prior to the start of each round. Game cancellations will be determined each round and at the discretion of Operations. A duty of care to all involved will determine if games need to be cancelled.
- b. Cancelled rounds will be rescheduled on the following days –
Tuesday replayed Thursday,
Wednesday & Friday replayed Monday.
Rescheduled game dates will be at the discretion of Operations.
- c. If courts are wet and play is to commence, players from each court are to ensure the court surface is safe for play to commence. An inspection by Operations will determine if the surface is safe for play.

5.2 Games cancelled once play has commenced.

If a game that isn't played in its entirety is cancelled, then the half time score will stand, any game not played to half time will be replayed. Points awarded as clause 3.2

6 Duties of Board and Operations Staff

6.1 Duties of Board Members, Sub Committees and Operations Staff

Duties and roles will be available at Operations at all times. Employees at Cairns Netball Association will work and be paid as per the conditions set in current Modern Awards.

6.2 Subcommittees

- a. All subcommittee members must submit an expression of interest form showing qualifications and experience to the Board for consideration of inclusion or any subcommittee.
- b. All roles are defined in writing and kept at the Operations office showing their authority and procedures and be in keeping with the Bylaws and the Constitution Rules.
- c. Subcommittees may have Board members and or operational staff as members to ensure continuity of reporting.

7 Meetings

7.1 Representation and Voting at General Meetings

7.1.1 Full Members and Ordinary members

Only Full member delegates or Legacy Life Members may vote at any meeting as per Rule 6 of the Constitution Rules.

7.1.2 Voting and Attendance

All members of the Association may attend any General Meeting of the Association and shall be entitled to speak upon any motion, voting can only be undertaken as per the Constitution Rules.

8 Membership

8.1 Application for Membership

- a. Application for membership shall be set down in clause 3 of the Constitution Rules.
- b. Before accepting an application for membership, Operations shall ascertain that the club/team applying for affiliation intends to compete regularly in matches at Cairns Netball Association and can meet its membership and financial obligations as per the Constitution Rules.

8.2 Email Address

All players with the exception of players under 18 years who must provide parent or guardian email contact on the registration form. Communication will be via email with the team and players, or as otherwise posted on the website. The draw will be emailed out to Club contacts only (as provided to Cairns Netball Association on the Club Contacts Form) and will be available on the website www.cairnsnetball.net.au.

9 Membership Fees

9.1 Registration and Levies

- a. All members shall be liable to pay the Association fees and levies as determined by the Board from season to season. These fees / levies shall be presented to the delegates at a General Meeting.
- b. Registration Fees for each player registered with any team taking part in fixture or competitions and directly controlled by the Association, is payable prior to the commencement of such fixtures or competitions.
- c. Non Playing (Associate/Ordinary) Members shall pay a fee once per year
- d. Special levies for any specific purpose may be payable if and when necessary as determined by the Board
- e. Any player requesting a refund must complete a refund form and have it signed by a club contact person and submit it to Operations for approval. Any claim for a refund of game fees must be made no later than fourteen days after the conclusion of the season the player competed in.

10 Representative Teams

10.1 Players

- a. All registered players are eligible to trial for representative teams.
- b. Players selected to Representative teams will be expected to adhere to a player contract which will be given to the player prior to final selection
- c. All players nominating for trials must be available to participate in various Carnivals or Competitions as set out in the contract.
- d. Players may be invited in to trial that had not previously nominated.

10.2 Selection Process for Representative Officials

The Board will make the announcement of Officials and Team members following ratification. All representative officials will be held responsible for complying with C.N.A Codes of Conduct.

Officials recommended and selected by the following:

OFFICIAL	RECOMMENDED BY	APPOINTED BY
Coach	Coaching and Development Sub Committee	Board

Umpire		Umpires Sub -Committee	Board
Manager		Coaching and Development Sub Committee	Board
Physiotherapist/ Trainer	Sports	Operations	Board

The Board is to determine the number of officials to accompany teams following the closing date of player nominations and prior to the selection of teams.

10.3 Requirements for all Representative Officials

To be considered as a Representative Official a person must

- a. Complete an expression of interest
- b. Participate in the position nominated at a Club Level, and be suitably qualified.
- c. have a current Blue Card and First Aid Certificate
- d. follow the C.N.A Codes of Conduct.

10.4 Qualifications for Representative Officials

10.4.1 Coach

- a. A.C.C. Accreditation (minimum Development) and currently updating
- b. Coaching at a similar level
- c. Foundation Umpires Course and Rules of Netball Theory Exam pass.

10.4.2 Umpire

- a. Current National 'C' badge updated.
- b. Physically fit

10.4.3 Manager

- a. Current First-Aid and be prepared to attend updating

10.4.4 Physiotherapist/Sports Trainer

- a. Qualified to manage all team injuries and volunteer

10.5 Representative Uniforms

The colours of the uniform are green and gold. This uniform shall be registered with Netball Queensland and shall not be worn by any other team or players registered within the Association.

11 Training

11.1 Court Key

Upon request Clubs can be issued with a key for access to the courts. The key is issued upon payment of court hire fees. When a deposit has been paid it will be refunded upon return of the key. Lights are controlled by a timer and no usage will be allowed outside the allocated time. Clubs must ensure that the gate, storage facilities and all toilets are locked prior to leaving the courts.

11.2 Safety Check

Prior to training, teams must carry out a safety check to ensure the courts and the surrounds are safe. If a team unlocks a toilet, they must be checked for safety. Please ensure toilets are kept tidy.

11.3 Use of Courts Outside Booked Hours

Teams that wish to use the courts outside their booked training times, must obtain permission from the CNA Administrator prior to the use of the courts. Fees will apply.

12 Umpires

All umpires are required to complete the Rules of Netball Theory Examination and the Foundation Umpire Course. These courses are available via Mynetball at www.netball.com.au. A copy of the completion certificates must be forwarded to C.N.A. Umpires are also required to update their qualifications as per the National Umpire Development Framework document which can be found at www.netball.com.au.

All non-playing umpires must be a financial Ordinary Member of the Cairns Netball Association to ensure that they are covered by Insurance. All umpires over 18 years of age must have a BlueCard. All course notification of upcoming courses will be displayed on the website www.cairnsnetball.net.au and on the noticeboard; they will also be emailed to club contacts.

12.1 Team Umpires

- a. Division 10/U, 11/U and 12/U teams umpire their own games and are not paid by C.N.A.
- b. Each Team Registration sheet must have at least one umpire nominated and include their contact details. A Club may not nominate the same umpire for multiple teams that play on the same night. A team must not nominate all their players. Nomination forms will not be accepted unless this is followed.
- c. All nominated umpires will form part of the C.N.A Umpires Pool wherein they shall be assessed by the Umpire Subcommittee and rostered to games. All umpires in the C.N.A Umpires Pool will be paid by C.N.A to umpire games. Pay rates are based on qualification and will be as advised by C.N.A.
- d. Umpires will be advised of the time that they are required to umpire as per umpires draw at www.cairnsnetball.net.au and/or via the Umpire Subcommittee.
- e. If your club or team umpire cannot fulfil their duty, it is the responsibility of that person and Club to find a replacement umpire. The Club must notify C.N.A by email admin@cairnsnetball.net.au with their replacement. The replacement umpire must be approved by the Umpire Subcommittee. Failure to do this will result in a penalty.
- f. Penalty for not adhering to rule 12.1.e Team Umpires will incur a \$50 fine to your club. Payment is to be made before the next week's fixture. Further infringements will result in the loss of Championship Points.

12.2 Umpire Uniforms

Umpires are required to wear a C.N.A provided white umpires' shirt or predominantly white shirt and suitable sports footwear. It is preferred umpires to be attired in all white, white shirt, white skirt or shorts. Presentation is to be neat, clean and professional. No umpire may umpire a game wearing their club colours, bodysuit, etc. CNA has Sponsors for both Junior and Senior Umpires and it is preferred that these shirts be worn.

12.3 Gloves

Gloves may be worn during games, but must be worn for the entirety of the game. Players wishing to wear gloves must notify the umpires before the beginning of the game and must remove gloves for the umpire to check for jewellery. No jewellery is to be worn under gloves. No taping of jewellery is allowed unless it is an emergency bracelet or wedding ring.

12.4 Game Balls

The game ball is the umpire's responsibility for the entirety of the game and is to be collected at Control prior to the start of the game and returned after their game.

12.5 Umpiring Procedure on Game Nights

- a. Umpires are requested to sign on at least 10 minutes prior to the start of the game. Umpires that are playing the round before should sign on as soon as they arrive at the courts. This includes 12/U, 11/U or other divisions that are to umpire their own games.
- b. If an Umpire has not signed on, they will be called for over the loud speaker.

12.6 Umpire Courses

During the year, Umpiring Courses and Rules Discussions will be made available to all Clubs. It is expected that Clubs will support each event.

13 Uniforms

- a. Each registered club or team shall on first applying for membership, supply to the Operations particulars of its uniform which must be approved before being adopted. No club/team shall change its approved uniform without first obtaining consent of Board.
- b. The Operations shall prepare and submit to all registered clubs/teams a direction setting out general standards of playing uniforms to be maintained by all teams registered with that club/team and shall review and revise the same as required from time to time.
- c. All players in a team must wear the same uniform – for Ladies and girls, skirt and top, dress or bodysuit. Mixed and Men's must submit preferred playing uniform.
- d. If new uniforms have not arrived for the commencement of the season, teams must give Operations written notification.
- e. Newly registered players may play out of uniform for up to three games.
- f. Players playing up a grade for their club may wear their own playing uniform if it is different to the uniform worn by the team they are filling in for. Once a player has played up the 4 games they become a registered player of that team and must wear the appropriate registered uniform for that team.
- g. Any special requests regarding uniforms must be put in writing to the Board.

14 Volunteering

14.1 BlueCard

All officials 18 years of age and over must have a BlueCard if working with children under 18 years. Free to volunteers. Application Forms and Renewal Forms are available to download at www.bluecard.qld.gov.au. Fully completed forms with relevant Identification must be presented to Control for verification.

14.2 Codes of Conduct

All players, officials, spectators and representatives of Cairns Netball Association are expected to comply with CNA Codes of Conduct and the Netball QLD and Netball Australia Codes of Conduct. Please see By-law 15- Appendix 1 for full details. Any persons deemed to be breaking the Cairns Netball Codes of Conduct will face penalties.

15 Appendix 1 – Cairns Netball Codes of Conduct

15.1 Junior Players

In addition to Netball Queensland General Code and Behaviour, a player in any activity held by or under the auspices of Netball Australia, Netball Queensland, a Region, an Affiliated Association or an Affiliated Club you must meet the following requirements in regards to your conduct during any such activity or event:

1. Participate because you enjoy netball, not just to please parents and/or coaches.
2. Understand and play by the rules.
3. Participate fairly and safely
4. Abide by decision, without argument or bad temper.
 - Captains have the right to approach an umpire during an interval or after the game for clarification of any rule.
 - Approach the umpire in a courteous and polite way.
5. Cooperate with your coach, and other players
 - Verbal abuse of officials, or other players, deliberately fouling or provoking an opponents and throwing/damaging equipment is not acceptable or permitted.
 - Treat all players as you would like to be treated.
 - Ensure that at all times your behaviour is fair.
 - Be a patient and enthusiastic supporter of fellow players.
6. Applaud all good play, by your own team and opponents.
 - Always be on time
 - Encourage and assist all players
 - Attend all training sessions
 - Ensure you always bring the appropriate uniform and equipment of training and/or matches.
7. Do not engage in practices that affect sporting performance (alcohol, tobacco and drug use).
8. Respect and acknowledge the contribution of those who create the opportunity for you to play.
9. Always be on time
 - Volunteers (scorers, coaches, timekeepers, administrators and umpires).

15.2 Senior Players

In addition to Netball Queensland General Code and Behaviour, a player in any activity held by or under the auspices of Netball Australia, Netball Queensland, a Region, an Affiliated Association or an Affiliated Club you must meet the following requirements in regards to your conduct during any such activity or event:

1. Respect the rights, dignity and worth of fellow players, coaches, officials and spectators.
2. Refrain from conduct which could be regarded as sexual or other harassment.
3. Respect the talent, potential and development of fellow players and competitors.
4. Care and respect the uniform and equipment provided to you.
5. Be frank and honest with your coach concerning illness and injury and your ability to train.
6. Conduct yourself in a responsible manner in relation to language, temper and punctuality.
7. Maintain a high standard of personal behaviour at all times.
8. Abide by the rules and respect the decision of the umpires. Be courteous and use correct process when seeking a rule clarification.
9. Be honest in your attitude and preparation to training. Work equally hard for yourself and your team.
10. Co-operate with coaches and managers in relation to programs that adequately prepare you for competition.
11. Do not engage in practices that effect sporting performance (alcohol and drugs).

15.3 Umpires

In addition to Netball Queensland General Code of Conduct, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by Netball Queensland, Netball Australia, a

Region, an affiliated Association or an Affiliated club and in your role as an umpire appointed by Netball Australia, Netball Queensland, a Region, an Affiliated Association or an Affiliated Club:

1. Treat all players with respect at all times.
2. Accept responsibility for all actions taken. Exercise care to prevent injury by ensuring players play within the rules. Reasonable care consists of advising the players of illegal body movements, showing due diligence in detecting infringements and penalising rule breakers.
3. Place the safety and welfare of the players above all else. Although it is the responsibility of umpires to ensure that the playing conditions are safe, in the end it is the association's decision. If a court supervisor or equivalent is appointed and present at a match they would decide whether the game should commence or continue and deal with any emergencies relating to a safe environment or anticipate any foreseeable dangers and deal with it appropriately. If no such person is present, you should make a decision as to whether the match should commence or continue due to adverse conditions, safe environment or foreseeable dangers.
4. Umpires must be impartial and maintain integrity in their relationship with other umpires, players and coaches.
5. Avoid situations that may lead to conflict of interest.
6. Be Courteous, respectful and open to discussion and interaction.
7. Value the individual in sport. Ensure the players have the opportunity for discussion with you after the match.
8. Seek the continual self-improvement through study, performance appraisal and regular updating of competencies. Maintain or improve your current badge level and seek continual improvement.
9. Encourage exclusivity and access to all areas of officiating. Aim for excellence based upon realistic goals and due consideration for growth and development.
10. Be a positive role model in behaviour and personal appearance by maintaining the highest standards of personal conduct and projecting a favourable image of netball and umpiring at all times.
11. Refrain from any form of personal abuse towards players. This includes verbal, physical and emotional abuse. Be alert to any forms of abuse directed towards the players from other sources while they are playing.
12. Refrain from any form of harassment towards players. Treat all players fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status, and other conditions.
13. Show concern and caution towards ill and injured players. You should enforce the blood rule and apply procedures regarding ill or injured players according to the rule book. Common sense must be applied in all cases.

15.4 Parents/Guardians

In addition to Netball Queensland's Federal Code of Behaviour, as a parent/guardian of a player in any activity held by or under the auspices of Netball Australia, Netball Queensland, a Region, an Affiliated Association or an Affiliated Club, you must meet the following requirement in regard to your conduct.

1. If your child is interested, encourage them to participate in the appropriate netball activity. However if your child is not willing to participate, do not force her. Remember, children are involved in organised activity for their enjoyment, not yours.
2. Focus upon your child's efforts and performance rather than the overall outcome of the event. This assists your child in setting realistic goals related to her ability by reducing the emphasis on winning.
3. Teach your child that an honest effort is as important as victory, so that the result of each game is accepted without undue disappointment.
4. Encourage your child to always play according to the rules.
5. Never ridicule or yell at a child for making a mistake or losing a game.
6. Remember that children learn best from example. Applaud good play by all players.
7. If you disagree with an umpire or coach raise the issue through the appropriate channels rather than question their judgement and honesty in public.
8. Support all efforts to remove verbal and physical abuse.

9. Recognise and respect the value and importance of volunteer administrators, coaches and umpires. They give up their time and resources to provide recreational activities for players and deserve your support.
10. Be a model of good sports behaviour for children to copy.
11. Be courteous in communication with administrators, coaches, players, umpires and other parents. Teach children to do likewise.
12. Support the use of age appropriate development activities and modified rules.

15.5 Spectators

In addition to Netball Queensland's General Code of Behaviour, as a spectator in any activity held by or under the auspices of Netball Australia, Netball Queensland, a Region, an Affiliated Association or an Affiliated Club you must meet the following requirements in regard to your conduct during any such activity or event:

1. Most players (in particular children) participate in netball activities for fun. They are not participating for entertainment of spectators only.
2. Applaud good performance and efforts by all players. When watching a game congratulate both teams upon their performance regardless of the game's outcome.
3. Respect the umpires' and coaches' decisions. If there is a disagreement, follow the appropriate procedure in order to question the decision and teach children to do likewise.
4. Never ridicule or scold a player for making a mistake during competition. Positive comments are motivational.
5. Condemn the use of violence in any form, be it by administrators, coaches, players, umpires or parents/guardians.
6. Show respect for team coaches, the umpires, and opponents. Without them there would be no game.
7. Encourage players to play according to the rules and the official decisions and develop your own knowledge of the rules.
8. Demonstrate appropriate social behaviour by not using foul language, and not harassing administrators, coaches, players or umpires
9. Support the use of age appropriate development activities and modified rules.

16 Social Media

Cairns Netball Association recognises the significant impact Social Media plays in people's lives today and we realise the importance to set guidelines to protect the interests and reputation of C N A, their players, coaches, umpires, volunteers and supporters.

Social Media Websites:

- a. Treat all social media postings, blogs, status updates and tweets as public "comment".
- b. Postings (written, photos or videos) will be family-friendly and feature positive club news and events.
- c. No statements will be made that are NOT IN THE SPIRIT OF THE GAME or that are misleading, false or likely to injure the reputation of a person, player, coach, umpire, Club or Team.
- d. No statements to be made that will bring C N A into disrepute.
- e. Abusive, discriminatory, intimidating, bullying or offensive statements will not be tolerated.
- f. Members should conduct themselves appropriately when using electronic communication to share information regarding C N A with other members or posting material on public websites.
- g. Each person is accountable for their actions and what they communicate on Social Media. Therefore before posting consider the Netball Queensland initiative of "Positive or its Pointless". If the message could be considered negative, or it contains sensitive information, do not post.
- h. With non-compliance of these policies, Members may face disciplinary action in regards to posting online content or comments that harass, offend, intimidate or humiliate the Management

Committee, a player, coach, umpire, volunteer or support of C N A. Under certain circumstances, “cyber bullying”, is a criminal offence that can be reported to the police.